



Doctor Visit

Storytelling Tips

- Discuss the things the doctor might do while you visit (check ears etc)
- Discuss the reason for visiting the doctor (sick, vaccination, etc)
- Discuss the names of the instruments he might use (stethoscope)
- Discuss the importance of finishing all medication
- Discuss rules you might expect the child to follow at the doctors (no running etc)
- Discuss that doctors are there to help us



Activities

- Let child play with the doctors kit provided (can check you or stuffed toy)
- Sing songs on song sheet
- Make doctor headbands (see creative guide)
- Make collage (see creative guide)



Vocabulary

(some words to think about and use in your discussions)

Doctor
nurse
appointment

Otto
scope
scale
medicine

Stethoscope
height chart
blood
pressure

vaccination
tongue
depressor
healthy

Songs

I'M A HELPFUL DOCTOR (sung to I'm a little teapot)

I'm a helpful doctor,
Dressed in white,
I help people feel better,
Day and night.
When you get hurt or sick, come see me!
I'll get you fixed up, quick as can be.



I'M HAPPY I'M A DOCTOR (sung to I'm a little teapot)



I'm happy I'm a doctor,
I help to make people well.
I'm happy I'm a doctor,
It makes me feel swell.

I'm a doctor
I help to make people
Well, well, well
I'm a doctor,
I'm happy, can't you tell?

Things to Make

DOCTOR HEAD BANDS

Materials

- paper (construction)
- paper cut in a circle and aluminium foil
- tape
- scissors

How-to

- cut construction paper into 1 ½ inch thick strips
- measure child's head using 2 strips then tape to form band
- cover circle with aluminium foil
- tape circle to front of band



DOCTOR COLLAGE

Materials

- paper (construction best)
- tongue depressors(Popsicle sticks), and band
- aids
- glue, glue sticks

How-To

- let the glue the tongue depressors and band-aids on the paper
(use imagination)

(I'm a happy Doctor, and I'm a Helpful Doctor taken from
preschooleducation.com)
(doctor reflector craft taken from 123child.com)