



New Baby

Storytelling Tips

- Discuss feelings the characters experienced in the books
- Discuss the feelings the child might feel when the baby arrives
- Discuss the things that you used to do for the child when they were a baby
- Discuss the things that you will have to do for the baby
- Discuss the things the child can do to help
- Discuss honestly what a newborn baby is like (cries, doesn't play yet, etc)
- Discuss how you felt when you had a new sibling (if this happened to you)
- Discuss who will take care of the child while mom is in the hospital
- Discuss how mom will look and feel for the first few days
- Read *Welcoming Your Second Baby* by Vicki Lansky (provided)
- Attend sibling classes at Met hospital (250-7104 -- they run about every month and cost about \$15.00/child)



Activities

- Visit a hospital nursery
- Let child help clean and prepare baby's room (furniture/clothes)
- Make I'm the big brother/sister shirt
- Bring child to sibling preparation classes
- Make welcome signs
- Tape some favourite bedtime stories for while mom is away or busy
- Make doorknob wake/sleep signs
- Shop for a present for baby (also get one from baby for the older child(ren))
- Make a special photo album with child's baby pictures in it
- Have a room warming party if child is being moved to new room



Vocabulary

(some words to think about and use in your discussions)



| | | | |
|----------|--------------|---------|-----------|
| baby | mobile | sleeper | soother |
| crib | change table | diaper | pacifier |
| infant | receiving | shirt | highchair |
| car | blanket | diaper | cradle |
| seat | bib | wipe | swing |
| stroller | bonnet | powder | |



Songs

FIVE LITTLE BABIES

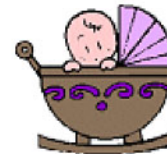
Five babies in the bed and the little one said,
"Roll over, roll over,"
So they all rolled over and one fell out

Four babies in the bed and the little one said,
"Roll over, roll over,"
So they all rolled over and one fell out

*continue till all the babies fall out
one baby in the bed and the little one said,
"Goodnight!"

ROCK-A-BYE BABY

Rock-a-bye baby
On the tree top
When the wind blows the cradle will rock
When the bough breaks
The cradle will fall
And down will come baby
Bough cradle and all



HERE IS BABY

Here is baby so soft and small
(rock baby)
His legs can't walk, so he must crawl.
(shake head while making fingers walk)
He drinks from a bottle and naps on a crib.
(drink bottle, and lay head on hands)
He dribbles his food, so he wears a bib.
(make a bib with fingers on chest)
When his pants are wet, he starts to cry
(rub eyes like crying)
His mom will change them, so he'll be dry.
(use fingers to trace your smile)

(Five Little Babies taken from preschooleducation.com)



Things to Make

BIG BROTHER/SISTER SHIRT

Materials

- T-Shirt
- Fabric paint

How-To

- help child print the words "I'm the big brother/sister" on the t-shirt
- Let child decorate the rest of the shirt



You could also make one for baby (I'm the little sister/brother)

WELCOME SIGNS

Materials

- Bristol boards
- Markers/paint/crayons
- Stickers

How-To

- help child print "welcome home" on Bristol board
- Let child decorate the rest of the sign



DOOR KNOB SIGNS

Materials



- construction paper
- Scissors
- Markers/paint/crayons
- Stickers
- Mac tac (available at most buck stores)



How-To

- cut construction paper into a rectangle (10cm by20cm)
- Print sleeping on one side and colour and put corresponding stickers on (must leave top 8cm blank)
- Print awake on other side, colour, put corresponding stickers on (must leave top 8cm blank)
- Cover with mac tac
- Cut an opening about 6cm down from the top
- Cut out hook shape leaving a circular hole for door knob

BABY GAME

Materials

- two grids of pictures of babies (old cards or wrapping paper are good sources)
- Inexpensive baby shower favours (plastic bottles, rattles, etc)
- Dice

How-To

- child rolls dice
- Count number and put the corresponding number of baby items on grid
- younger children may just want to do one-to-one corresponding items



Use big fuzzy dice to avoid choking hazard with young children